

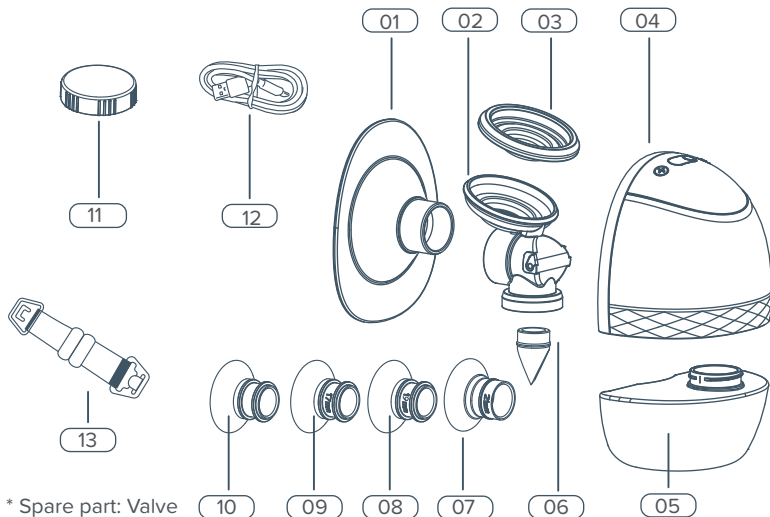


INSTRUCTIONS

WEARABLE BREAST PUMP

1. PRODUCT DESCRIPTION

1.1 PARTS



* Spare part: Valve

01 Cushion (25mm)

06 Valve

11 Bottle Lid

02 Breast Shield

07 21mm Cushion Insert

12 Type-C Charging Cable

03 Diaphragm

08 19mm Cushion Insert

13 Bra Adjuster

04 Pump Motor

09 17mm Cushion Insert

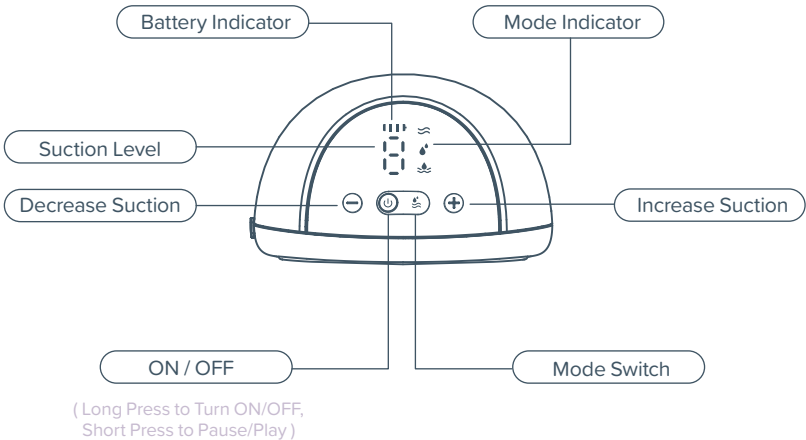
05 180ml Bottle

10 15mm Cushion Insert

1. PRODUCT DESCRIPTION

1.2 CONTROLS

02



NOTE:

- This product has a built-in li-ion battery. When the Battery Indicator light flashes while in use, we recommend that you use a certified 5V 2A Power Adapter to charge the device as soon as possible.

2. INTENDED USE

2.1 INDICATIONS FOR USE

Powered breast pump, to express and collect milk from lactating women, to alleviate engorgement of the breast, maintain the ability of lactation, and provide breast milk for future feedings when separation of mother and baby occurs. The device is intended for a single user.

2.2 OPERATING LIFE

- The expected operating life of the replaceable washable components is three-six months. It also depends on how frequently the parts are used and washed.
- It's recommended to replace the washable components after long-term storage or before pumping for your next child.

3. SAFETY

3.1 WARNINGS

- This is a single-user product, use by more than one person may present a health risk and voids the warranty.
- It's recommended you consult with a licensed healthcare professional before using this wearable pump if you have an active implanted device that would be affected by a magnetic field (e.g. pacemaker, implantable cardioverter defibrillator).
- Inspect for damage, clean and sterilize washable components that come into contact with your breast and breast milk prior to first use.
- Clean all parts that come into contact with your breast and breast milk, and inspect for damage after every use.
- During normal use, area of the wearable pump may warm up. If your pumping environment is at the upper operating temperature limit (30°C / 86°F) for the maximum session time (30 minutes), the temperature of the Cushion may reach up to 45°C / 113°F.
- Do not store wet or damp parts, as mould may develop.
- Do not immerse the Pump Motor in water or other liquids. Wipe with a clean, damp cloth.
- This product contains small parts and a cable that may present a hazard. Keep out of reach of children.
- Only use the manufactured parts with this wearable pump, including the charging cable. Do not substitute.
- It's recommended to use a smartphone power adaptor rated 5V 2A to charge the pump.

3. SAFETY

3.2 PRECAUTIONS

- Always inspect all parts before use for damage or cleanliness.
- Always ensure all parts are completely dry before assembling.
- Do not place the Pump Motor in the fridge or freezer.
- This wearable pump and its components are not heat-resistant. Keep away from heat sources.
- Do not use flammable materials while using this wearable pump or connecting this wearable pump to a charger.
- Do not use this wearable pump while sleeping or overly drowsy.
- Using a breast pump should not cause pain. Do not try to express with an intensity setting that is too high or uncomfortable. If excessive discomfort or pain is felt during pumping, stop pumping, break the Cushion Insert around your nipple and discontinue the session.
- Contact your healthcare professional if you express minimal or no milk, or if expression is painful.
- For assistance with correct Cushion Insert sizing and comfort, please see section 4.3 or talk to a lactation consultant or breastfeeding specialist .
- Extra care is necessary when using this wearable pump in the vicinity of children.
- This wearable pump should not be used while lying down, or engaging in strenuous exercise or activities with risk of harm.
- Always break the cushion around your nipple before removing this wearable pump from your breast.
- Do not expose this wearable pump or components to direct sunlight.

4.GETTING STARTED

4.1 CLEANING AND STERILISING

- For the first time and after each use, you must disassemble, wash and sterilise all the breast pump parts that come into contact with breast milk.
- Disassemble and clean the parts that come into contact with breasts and breast milk immediately after use to avoid residual breast milk that may cause bacteria to grow.
- Take care when cleaning the silicone cushion, diaphragm and valve, if they get damaged, your breast pump will not function properly.
- Never wash or sterilise the pump motor, this component does not come into contact with your breast milk. You can wipe this part clean with a soft cloth.



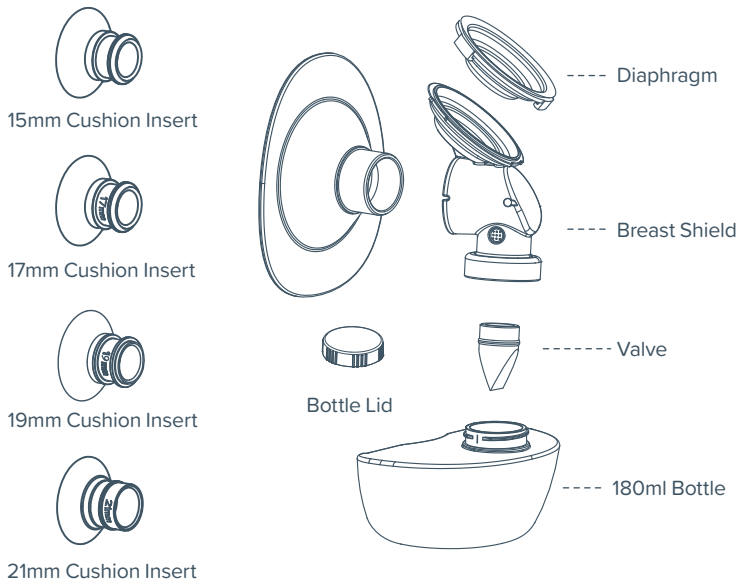
Do not get wet!



- The Pump Motor contains electronics that should be kept dry. A clean, damp cloth can be used to clean the Pump Motor. Any other cleaning method will be classed as misuse under the warranty.

4.GETTING STARTED

WASHABLE COMPONENTS



- Cleaning washable components that come into contact with milk prevents the build-up of dry milk residue, which can cause the growth of bacteria that may be harmful to you and your baby.

WARNING: Please wash and sterilise components with care.

4.GETTING STARTED

Clean washable components

1. Rinse in cold, clear water
(approx 20°C / 68°F).

2. Wash in warm water (approx 30°C /
86°F) using dish washing soap and
wipe afterwards with a clean cloth.

3. Rinse with cold, clear water
(approx 20°C / 68°F) for 10 to 15 seconds.

OR

Place on the top shelf of the dishwasher

Sterilise washable components

Boil in water for not more than
five minutes

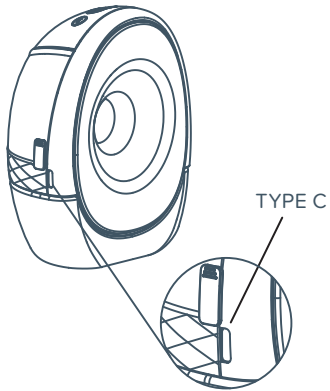
OR

Suitable for steam or cold
water sterilising methods.
We do not recommend
sterilising in a microwave
steam steriliser.

4.GETTING STARTED

4.2 CHARGING

- 1 When the battery is low, the Battery Indicator light will flash.
- 2 When charging, the indicator will light up and the pump will not turn on. Use the charging cable provided to connect the pump motor to a USB power source (5V 2A), such as your phone plug.
- 3 When fully charged, the Battery indicators all light up. It takes approximately 1.5 hours to fully charge the battery, which provides approximately two hours' usage time at standard settings.



- Please only use the charging cable provided with the wearable pump. Do not use the wearable pump while charging.

TIP:

- Charge immediately after finishing your pumping session if lower battery is indicated.

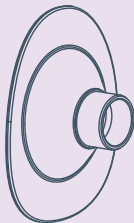
4.GETTING STARTED

4.3 BREAST CUSHION & INSERTS SIZING

This wearable pump comes with preassembled silicone cushion in 25mm and four additional silicone inserts. The silicone inserts range in size from 21mm, 19mm, 17mm to 15mm, so you can find a silicone cushion fit that is comfortable for you.

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Silicone Cushion



25mm

Available accessories included in the box



15mm



17mm



19mm

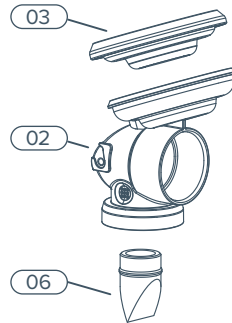


21mm

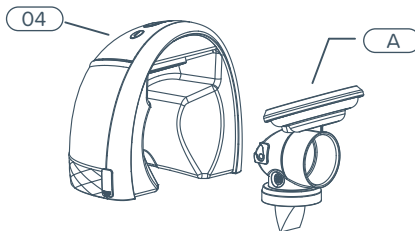
4.GETTING STARTED

4.4 ASSEMBLING THE PUMP

- 1 Make sure all parts are dry before putting them together (after the parts have been cleaned and sterilised). Attach the Diaphragm (03) to the Breast Shield (02).
- 2 Attach the Valve(06) to the Breast Shield (02).

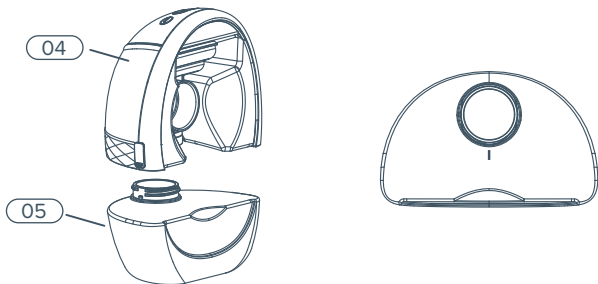


- 3 Push the fully assembled Breast Shield (A) into the Pump Motor (04). Make sure it's assembled in place and the diaphragm is pressed tightly.

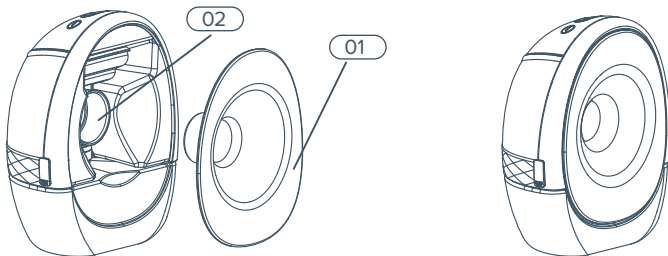


4.GETTING STARTED

- 4 Twist the Bottle (05) onto the Pump motor (04). Pay attention to the screw-in position.

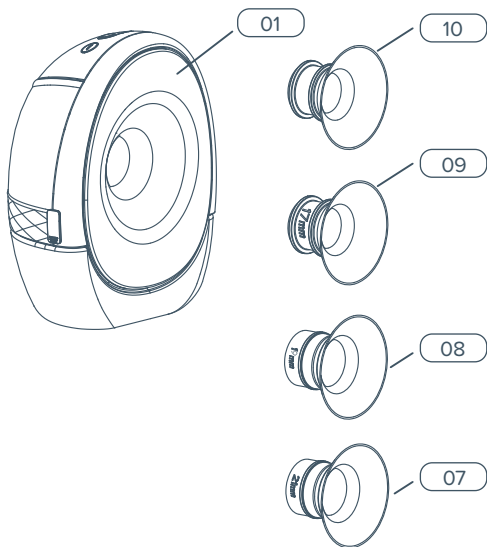


- 5 Push the Cushion (01) into the Breast Shield (02), make sure it's aligned and assembled in place.



4.GETTING STARTED

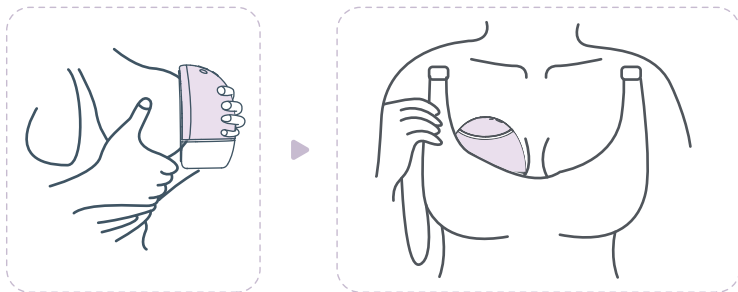
- 6 If the 25mm Standard Silicone Cushion (01) is too big for you, choose the 21mm (07) or 19mm (08) or 17mm (09) or 15mm (10) silicone Cushion Insert, and place in the center of the Silicone Cushion (01). Use the enclosed Nipple Measuring Sizing Chart to help find your correct size Cushion Insert.



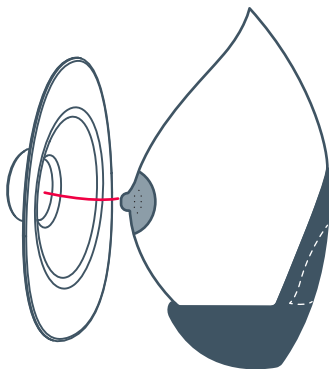
5. USING WEARABLE PUMP

5.1 ALIGNING YOUR NIPPLE

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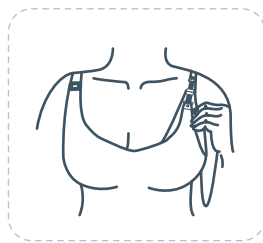
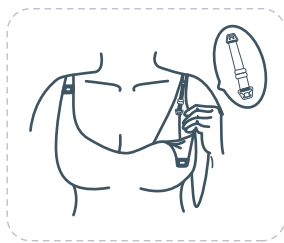
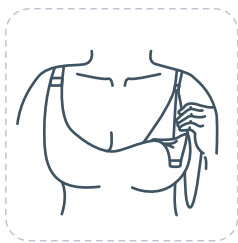
Correct nipple alignment in the Breast Shield is key to comfort and performance. Your nipple must be positioned correctly in the silicone cushion before pumping to avoid discomfort.



5. USING WEARABLE PUMP

5.2 FINDING THE RIGHT COMPRESSION

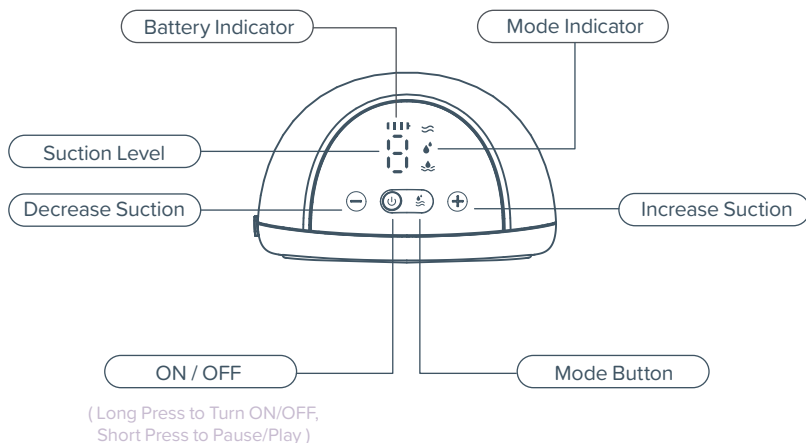
- This Wearable Pump is designed to be worn with your standard nursing bra and you can use it in either a sitting or standing position.
- Getting the right compression could impact milk volumes. This Wearable Pump needs to be firmly pressed against your breast, there should be no gaps between this wearable pump and your breast.
- Every bra has a different level of support, so make sure to get the compression right before each session. If you are using a particularly structured and inflexible bra, the included Bra Adjuster may be used to create more room.
- Once the buckle of each end is hung on the nursing bra, adjust the length of bra adjuster to make it more comfortable.



5. USING WEARABLE PUMP

5.3 STARTING YOUR SESSION

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1 ON/OFF

- Long press "ON/OFF" button to switch the pump on, LED screen lights on and enters into standby. Another short press "ON/OFF" button, the pump will start to work.
- While the pump is operating, short press "ON/OFF" button if you need to pause pumping for any reason. (when the pause time exceeds 5 mins, the pump will automatically shut off.
- While the pump is pumping the LED screen light will switch off to save power if there are no button presses within 10s, press any button to light up the screen again.

5. USING WEARABLE PUMP

2 MODE

- Short press "ON/OFF" on standby status, it will automatically pump under "Stimulation Mode" at the specific level from last pumping session. For the first use of the pump, the default setting is to start from Stimulation mode at Level 1.
- The pump will automatically switch to Expression mode after 2 mins. You can also manually press "Mode" button to enter Expression Mode or 2in1 mode if your milk starts to flow earlier.
- 2 in 1 mode: 5 x Stimulation + 5 x Expression as one cycle and looping.

3 SUCTION SETTINGS

- The pump has 9 suction settings, giving you control over what feels comfortable and works most efficiently in Stimulation and Expression and 2in1 modes.
- Once you can feel the suction on your nipple, use "+" or "-" to adjust suction to find your preferred setting in all modes.
- Memory function: the Pump will "remember" the suction setting of each mode when using.

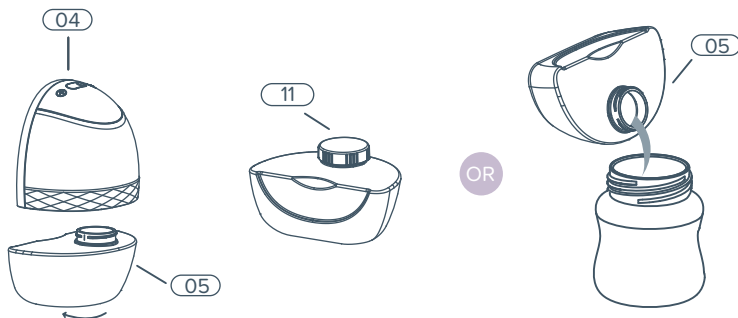
4 Ending your session

- Long press the Power button to stop pumping and switch off. (The pump will automatically switch off after working 30 mins).
- Unclip your bra and use your finger to break the cushion around your nipple to avoid nipple damage.
- Remove the Wearable Pump from your bra.

5. USING WEARABLE PUMP

5.4 STORING YOUR MILK

After finishing your pumping session, twist the Bottle (05) to remove it from the Pump Motor (04), you may store your expressed milk in the Bottle using the Lid (11) provided or pour your expressed milk into a container of your choice for feeding or a Breast Milk Storage Bag from The Sleep Store for storage.

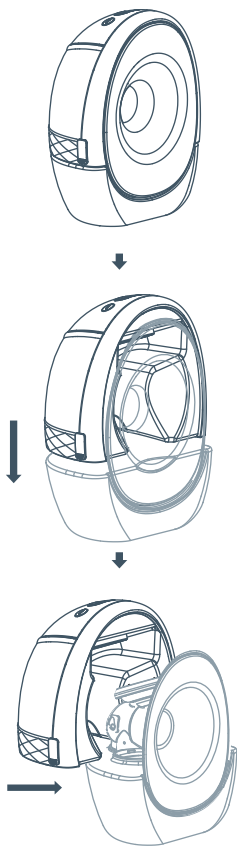


When storing milk, always follow the guidance of your lactation consultant or health professional.

WARNINGS:

- Clean all parts that come into contact with your breast and breast milk, and inspect for damage after every use.
- Do not store wet or damp components, as mould may develop.

6. HOW TO DISASSEMBLE?



Step 1 : pull down

Step 2 : move forward

6. TECHNICAL SPECIFICATIONS

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Power	5V $\approx$ 2A
Battery type and capacity	Li-ion Polymer Battery Specification: 3.7V 1300mAh
Stimulation speed	100 CPM (Cycle Per Minute)
Expression speed	28~60CPM (Cycle Per Minute)
Stimulation mode	-0.004~-0.016MPa,9 levels adjustable
Expression mode	-0.016~-0.030MPa,9 levels adjustable
Timer	30minutes
Noise	$\leq$ 50dB(A)
Operation conditions	Temperature 5°C ~40°C,humidity 10%~90%RH

7. TROUBLE SHOOTING

PROBLEM 1: WEAK SUCTION OR NO SUCTION.

CAUSE	SOLUTION
Check whether the diaphragm is installed reversely or damaged.	Reinstall or replace the diaphragm.
Check whether the connection between diaphragm and pump motor is tight.	Tighten all connections.
Check whether the cushion fits the breast completely.	Keep the cushion to the breast with your nipple in the centre of the silicone cushion. Change cushion insert size if needed.

PROBLEM 2: CAN NOT TURN ON OR CHARGE.

CAUSE	SOLUTION
Check whether the output of charger meets the requirements and whether the charger is plugged in properly.	Use the right charger and make sure it is properly plugged in.
The lithium battery has been exhausted.	Charge the pump once low battery.

PROBLEM 3: MILK BACKFLOW.

CAUSE	SOLUTION
Diaphragm is not installed properly or damaged.	Immediately stop the pumping and switch off the pump, clean it. Please don't use the pump until you have reset the diaphragm or replaced with a new diaphragm.

